

# preview

NAS Sigonella, Sicily • MWR magazine

April 2015

Publication Date - March 26th

*Month of the Military Child*

## **INSIDE**

**Eggstravaganza!**  
**Softball Tournament**  
**Eolian Island**  
**Trekking Peloritani**





**4 Sat** **Eggstravaganza!**  
**Location:** Marinai Fields  
**Time:** 10:00 am - 1:00 pm  
**Cost:** Free

Take part in the annual spring celebration and egg hunt!  
 The egg hunt will start at 10:30 am for children ages 12 and under. Families can enjoy the many crafts, food booths, bounce houses, and the petting zoo featured at the event. The Easter Bunny is also making an appearance with a photographer, ready to capture memories that will be available as a free download on [www.sigmwr.com](http://www.sigmwr.com).

**SHELL Travel Agency**

Signonella's new travel agency will open soon at the ITT office! A one-stop shop for all of your travel needs, Shell Travel can assist you with hotel, ferry, and airline reservations. Charter flights and cruises for military personnel and civilians are also available. The Signonella community can look forward to out-of-country tours at discounted prices!



**Midtown 2 Theater** Movie Hotline x4248

**Kids Choice Movie Night**  
**WEDNESDAYS - 5:00 pm**

In honor of Month of the Military Child, Midtown 2 Theaters is hosting Kids Choice Movie Night every Wednesday in April. The top 5 movie votes from March will show for free at the theater!



**21 Tue** **Baby & Me Movie Matinee**  
**Starts:** 10:30 am

Enjoy a stress-free afternoon at the movies with the little ones! Lower sound volume, dimmed lights, plenty of stroller parking. A great outing for play groups or spend time with friends in a no pressure, family-friendly atmosphere.

**Library** x3875

**Month of the Military Child:**  
**Author Contest**

**Location:** Library **Ages:** K-12th **Sign up By:** Apr 21  
 Write a short chapter about your experiences here in Sicily and the library will edit the entries into a book entitled, KIDS IN SICILY. Submit to [CommunityActivities\\_Sigonella@eu.navy.mil](mailto:CommunityActivities_Sigonella@eu.navy.mil) or at the library.



**13 Mon** **National Library Week**

Celebrate National Library Week at Sigonella's Premier Library! Open an account, see the many resources that are available or just enjoy a coffee at the Library Cafe. Check out a DVD, magazine, best seller, study guide or many other items only found at the MWR Library.

**Youth Complex**

**3 Fri** **Spring Break Kickoff**  
**Depart:** Youth Complex **Time:** 2:00 pm - 9:00 pm  
**Cost:** FREE

Celebrate the first day of Spring Break 2015 with games, movies, prizes, food, and much more!

**6 Mon** **Paintball at Mocta Paintball**  
**Depart:** Youth Complex 9:00 am, Meet 8:30 am  
**Return:** Youth Complex 5:00 pm **Cost:** \$30 per person (Includes full day of paintball & BBQ lunch), €15 extra paintballs, if you wish **Sign up By:** Apr 3

Spend an exciting day out on the field playing paintball with friends and enjoy a BBQ lunch.



**8 Wed** **Movies at Midtown and Taco Bell**  
**Depart:** Youth Complex 1:30 pm, Movie Begins at 2:00 pm **Return:** Youth Complex 5:00 pm **Cost:** FREE, Bring money for Taco Bell (\*\*Space for rides is limited)

Have fun with a trip to the movies and Taco Bell during Spring Break!

**Youth Complex**

**9 Thu** **Ropes Course and Zip Lining at Parco Avventura**

**Location:** Parco Avventura (Milo) **Depart:** Youth Complex at 9:00 am, Meet 8:30 am **Return:** Youth Complex 5:00 pm  
**Cost:** \$10 **Sign up By:** Apr 6 (\*\*Space for rides is limited.)

Live it up during Spring Break with an exhilarating experience at an outdoor adventure park. Enjoy a fun filled day traversing the ropes course and zip lining with friends.



**10 Fri** **Parent/Child Cornhole Tournament**  
**Time:** 5:30 pm - 8:30 pm **Cost:** FREE

Enjoy a fun filled afternoon of cornhole, corn dogs, corn on the cob, and all things corn related! Parents are welcome and encouraged to join their child(ren) in this event! Parents are not required to attend and children are still eligible to join the tournament without their parents present.

**17 Fri** **Month of the Military Child**  
**Barbecue**

**Location:** Youth Complex  
**Time:** 5:30 pm - 10:00 pm **Cost:** FREE

In honor of Month of the Military Child, the Youth Complex is hosting a special edition of its monthly barbecue. All parents, siblings, and families are welcome to enjoy free food, fun, and games to celebrate this occasion!



**20 Mon** **Youth Forum**  
**Location:** Youth Complex **Time:** 4:00 pm - 5:00 pm

Give your feedback or learn more about the exciting programs and activities the Youth Complex has to offer! Please bring your suggestions, comments, and concerns for a brainstorming session for the upcoming summer. Snacks and drinks will be provided.

**24 Fri** **Operation Megaphone**  
**Worldwide Lock-In**

**Location:** Youth Complex **Starts:** 3:00 pm, Doors close 4:00 pm **Ends:** Midnight **Cost:** \$5 Participation Fee  
**Sign up By:** Apr 17

"Teens Lead the Way" Operation Megaphone is an annual worldwide event designed to connect military teens from around the world to discuss key issues that affect military teens. Participants will video chat with other military teens from around the world to discuss these issues and will join in on different activities and challenges for a fun evening. Last year more than 3,500 military teens participated in 150 overnight lock-ins located at military youth program facilities.

**YOUTH COMPLEX ELIGIBILITY**

**11 years old and in the 6th grade to 18 years of age and still in high school**



## Youth Sports

x1750

**Signonella Striders Junior Run Club****April 21 - Jun 4**

**Location:** Marinai Fields **Time:** 4:30 pm - 5:30 pm **Ages:** 6-18  
**Cost:** \$30 (Includes weekly running incentives and a team t-shirt!)  
**Sign up By:** Apr 10th **Registration:** School Age Care 9:00 am - 12:00 pm and 1:00 pm - 5:00 pm

Join Signonella's first ever Junior Run Club! The Signonella Striders! Improve your running skills in 7 weeks to complete a 5K with your friends and family! Practice days: Tuesdays and Thursdays Practice

**10 Nerf Battle:****Fri Round 1 - Marines vs. Kids**

**Location:** NAS I Gym **Time:** 4:00 pm - 6:00 pm **Ages:** 6-18  
**Cost:** FREE (No registration necessary)

Gear up, and come battle the Marines in the first ever Signonella Nerf Battle. The Nerf battle will be similar to paintball, but will use Nerf guns. Eye protection is required to participate. Personal Nerf guns are allowed, but absolutely NO personal darts or discs will be permitted. MWR will provide all darts and discs.

Please call 624-1750/1747 or

email [CYP\\_Sigonella@eu.navy.mil](mailto:CYP_Sigonella@eu.navy.mil) for more information

## Fitness Center

x4483

**25 Sat****Motta Xtreme Trail Run**

**Location:** Motta Sant'Anastasia **Starts:** 10:00 am  
**Cost:** \$10 (transportation included, reservation needed)  
 \*Receive a commemorative t-shirt **Sign up By:** Apr 24

This challenging trail run is not for the faint of heart! Navigate rocky, steep terrain in the picturesque town of Motta Sant'Anastasia, while watching out for possible mud and cows. After the run, enjoy lunch at Donna Fortunata Ristorante (bring euro for your meal). No strollers or dogs permitted. This event is not recommended for young children. For more info call 624-4483. Motta Xtreme Trail Run Volunteer Opportunity! call 624-4301 or email [Fitness\\_Sigonella@eu.navy.mil](mailto:Fitness_Sigonella@eu.navy.mil).



## Adult Sports

x3785

**15 Wed****Captain's Cup Softball Coaches Meeting**

**Location:** Midtown Classroom **Time:** 5:00 pm

Participate in the 2015 intramural softball season. Team reps will register their team and review the rules and regulations at this mandatory meeting.

**Softball Umpires and Scorekeepers wanted!**

Sign-up for training to become an umpire or official. The Signonella Athletic Officials Association will provide info on training and getting paid.

**Invite Softball Tournament****Tournament, April 17-19**

**Location:** NAS II Turf Field **Time:** 5:00 pm

Participate in a region-wide co-ed softball tournament. Prizes will be awarded to the tournament champions and the home run derby winner. 10 TEAM MAXIMUM, register early to ensure your spot. Amateur Softball Association (ASA) men's league rules will apply. Please contact the Adult Sports Coordinator at [fitness\\_sigonella@eu.navy.mil](mailto:fitness_sigonella@eu.navy.mil) or 624-3785 for more information.

**Swim the Med****Cost:** FREE

Achieve your swimming goals with this summer incentive program. Track your progress on the map of the Med located at both pools and win prizes along the way! Register by e-mail at [fitness\\_sigonella@eu.navy.mil](mailto:fitness_sigonella@eu.navy.mil) or call 624-4932.

**American Red Cross: Swim Lessons****April 6 - 30****Cost:** \$45 per child / Adult prices vary **Ages:** 3-Adult

Register for American Red Cross swim lessons. Private lessons and group lessons are available! Call 624-4932 for more information and to register.

**FREE Adult Active Duty Lessons**

Open enrollment. Non American Red Cross

**Group Lifeguard Class**

Become a lifeguard! Get American Red Cross certified through a group lifeguard class. Classes are available upon request, a minimum of 4 people is required. Call 624-4932 for more information.

**14 Tue Gym and Swim**

**Location:** Splashers Pool, NAS I **Time:** 1:00 pm - 2:15 pm  
**Ages:** K-12th **Cost:** \$25 **Sign up By:** Apr 13th  
**Registration at:** SAC

The second session of the new Gym and Swim Program, a physical fitness program open to the local homeschool network, as a way of getting kids fit, educated, and out with their peers! Held every Tuesday in the NAS I Gym with a variety of sports and games. The swim portion will begin at 1:45pm.



## Sparetime Bowling

x4302

**Red Pin Bowling****EVERY WEDNESDAY****Time:** 6:00 pm - 9:00 pm **Cost:** \$10 (includes shoe rental)

Every Wednesday from 6-9pm. Win a prize when you Strike on the Red Pin!

**Month of the Military Child:****Bowling Special****EVERY TUESDAY****Time:** 3:00 pm - 6:00 pm **Ages:** 18 and under **Cost:** \$1

In honor of Month of the Military Child, children bowl dollar games every Tuesday and Wednesday 3pm - 6pm.

Every child that participates in paid bowling during the month of April, will be entered into a drawing for a "FREE MONTH OF BOWLING" Pass!

*Month of the Military Child***29 Wed****Average Joe Bowling League**

**Starts:** 6:00 pm **Ages:** 18+ **Cost:** \$20 team registration fee / \$10 per person each week **Sign up By:** Apr 24

Register your 4 person team to compete in an 8-week long bowling league.

**Quarter Mania Monday****Mondays from 1:30 pm - 9:00 pm**

**Cost:** \$4.25 cover charge | \$0.25 per game  
 Strike some pins for just a quarter a game!  
 Pay a small cover charge that includes shoe rental.

**TGI Thursday!**

\$1.50 games for all plus shoe rental!

All day Thursdays from 1:30 pm - 9:00 pm

**Friday Family & Friends Night Out!****from 5:00 pm - 9:00 pm**

Music, lights and fun every Friday night at Sparetime Bowling! Only \$15 per lane/hour (up to 5 ppl). Includes shoe rental.

**Friday Night Game Night!****Starts:** 9:00 pm **Ends:** Midnight **Cost:** \$10

Play Poker, Red Pin, Striker, Rocky Road Race & more at Sparetime Bowling every Friday night!

**Cosmic Bowling Saturdays**

Saturdays from 8:00 pm - Midnight  
 Extreme lighting and music from your IPOD! \$10 per person includes shoes

**Budget Bowling Sundays!**

Bowl 1 game, and get the 2nd game FREE!  
 All day Sunday from 11:00 am - 7:00 pm at Sparetime Bowling.



**PICK UP & DROP OFF****NAS I:** CDC Parking lot. **MARINAI:** In front of Youth Complex.**NAS II:** Flight Line Clinic Parking Lot.**All children 17 years and younger must be accompanied by a parent or guardian on ALL trips both ITT and ODR. Children are 1/2 price on all tours, unless otherwise noted.****2 Caltanissetta on Holy Thursday****Depart:** NAS II 4:15 pm, Marinai 4:30 pm, NAS I 4:45 pm**Return:** 11:00 pm **Cost:** \$34 (Bring Euro for Food and Shopping) **DISCOUNTED PRICE \$30!**

See a world-famous procession that happens only on Holy Thursday, the week before Easter, in the city of Caltanissetta. Explore this unique city and witness the procession that features twelve floats representing the twelve Stations of the Cross, a significant representation during this holiday season.

**3 Enna on Good Friday****Depart:** NAS II 2:30 pm, Marinai 2:45 pm, NAS I 3:00 pm**Return:** 11:00 pm **Cost:** \$39 (Bring Euro fees and Food) **DISCOUNTED PRICE \$35!**

See Sicily's most famous and unforgettable Good Friday procession. Also, enjoy spectacular panoramic views of the island's interior, for which Enna is known.

**4 Holy Saturday in Ferla: "Sciaccariata" (torches by fire)****Depart:** NAS II 6:30 pm Marinai 6:45 pm, NAS I 7:00 pm**Return:** 2:00 am **Cost:** \$34 (Bring 10 to 20 Euro for food) **DISCOUNTED PRICE \$30!**

Visit Ferla, a small town in the Siracusa province, and see the unique tradition of "Sciaccariata", which means illumination by fire with torches. The tradition represents the Madonna looking for Jesus. Witness the procession of the Madonna and the resurrected Jesus followed by hundreds of torches that light the street.

**Filicudi Aeolian Island****April 8-11****Depart:** 9:00 am **Return:** 3:00 pm **Sign up By:** Mar 31st

Enjoy your Spring Break to the unknown Aeolian Island of Filicudi. This unspoiled island offers wonderful beaches of black sand amid beautiful natural surroundings. The deep sea surrounding the Island is renowned for its clear blue color and is a popular spot for snorkeling and scuba diving. The accommodations will be in Hotel Villa rosa. Filicudi was the first island to appear during the Eolian volcanic activity. It had seven active volcanic craters. There is still a Paleolithic village that offers the chance to walk the ancient routes where the first islanders lived. Price includes roundtrip travel (bus, ferry), 3 nights hotel stay, 8 meals, ITT tour escort, local guide, and trip to Paleolithic Village and Alicudi.

**Giarre Shopping****Thursday 9, 16, 23, 30****Depart:** NAS II 8:30 am, Marinai 8:45 am, NAS I 9:00 am **Return:** 3:00 pm**Cost:** \$12 (lunch is not included €20). **DISCOUNTED PRICE \$10!**

Our first stop will be in the market of Giarre, with various stands, clothes, fruits and vegetables, meats and olives and much more. Good bargains! Stop at the center with the possibility to continue shopping in various stores (there will be a tour escort that can help all of you), or you can have lunch in the restaurant called "The wines of the Count". Lunch will be a sit down or buffet (depends on the number of people), and will be composed of several samples of appetizers, arancini and Sicilian specialties, served with local Mascalase: wine from Mt. Etna.

**10 Month of the Military Child: Family Trip Butterfly House****Depart:** NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am**Return:** 4:30 pm **Cost:** \$37 **DISCOUNTED PRICE \$11!**

Visit the beautiful butterfly and bee farms in Viagrande! Families can bring a pack lunch and enjoy an afternoon touring the butterfly house, seeing a model of an active volcano, and much more!

Month of the Military Child

**11 Assoro and Shopping at the Outlet of Enna****Depart:** NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am**Return:** 6:00 pm **Cost:** \$70 (Lunch & entrance fees included) **DISCOUNTED PRICE \$63!**

Explore the interior of the island and discover the town of Assoro. Located near Enna, the town starts at 254 meters and is crossed by the Dittaino river. The town is known to have settlers dating as far back as 1000 B.C. Visit the Mother church dedicated to St. Rita, and see the precious works in marble kept there, as well as a large wooden crucifix by Antonello Gagini, and the marble tomb of Pontius. See the Convent of the Angels, a Baroque style monastery and the ruins of a castle built around 1100 B.C. Enjoy a satisfying lunch in a local restaurant and take in the beautiful views over the mountains. Enjoy more time shopping after lunch!

**12 Palermo & Monreale****Depart:** NAS II 6:30 am, Marinai 6:45 am, NAS I 7:00 am **Return:** 6:30 pm**Cost:** \$45 (Bring Euro for entrance fees and lunch) **DISCOUNTED PRICE \$40!**

Experience the breathtaking cathedrals of Palermo and Monreale. Palermo's cathedral is home to a unique mixture of architectural styles on a grand scale where you can witness eight periods of art in one single setting. Behold intricate, awe-inspiring biblical mosaics decorating the nave of Monreale's cathedral. The brave can tour the Capuchin Catacombs (optional, entrance fee is approximately €5).

**18 Circumetnea Historical Train Adventure****Depart:** NAS II 6:15 am, Marinai 6:30 am, NAS I 6:45 am **Return:** 4:30 pm**Cost:** \$38 (Bring €15 for Food) **DISCOUNTED PRICE \$34!**

All-aboard the Circumetnea Historical Train Adventure for some fabulous views of Mt. Etna! Ride the train around Mt. Etna, with a stop in the notable town of Randazzo for lunch. The city contains architecture dating back to the medieval period and has significant history from WWII. Comfortable shoes recommended.

**18 Horseback Riding: Old West Themed Family Day****Depart:** NAS II 9:30 am, Marinai 9:45 am, NAS I 10:00 am **Return:** 4:00 pm**Cost:** \$54 **DISCOUNTED PRICE \$11!**

Bring the kids out for some fresh air and fun at the equestrian center Sole Dell Etna. Kids (and adults) are encouraged to wear costumes to participate in western themed activities including horseback rides, farm animal petting zoo, games, souvenir photos, BBQ lunch and lots of country music.

Month of the Military Child

**19 Siracusa and Seafood Restaurant****Depart:** NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am **Return:** 5:00 pm**Cost:** \$75 (Includes entrance fees and lunch) **DISCOUNTED PRICE \$67!**

Visit the archeological area of Siracusa, including the Ear of Dionysius, the Cordari Cave, the Greek-Roman Amphitheater, and the historic island of Ortigia. Then relax for a leisurely restaurant lunch; please choose either seafood or meat at the time of registration.



## 19 Vizzini Ricotta Cheese Festival

**Sun** Depart: NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am Return: 4:00 pm

Cost: \$25 or 2 for \$45 (Bring Euro for food) **DISCOUNTED PRICE \$22 or 2 for \$40!**

Visit the town of Vizzini, famous for its ricotta cheese. Sample the many variations of ricotta at this festival including the two classic Sicilian desserts, cannoli and cassata that use a sweetened version of ricotta cheese. Check out the official website for more information on this festival: [www.sagradellaricotta.it](http://www.sagradellaricotta.it)

## 26 Alcantara Gorge and Russo Winery

**Sun** Depart: NAS II 9:00 am, Marinai 9:15 am, NAS I 9:30 am Return: 5:00 pm

Cost: \$70 (Includes entrance fees, lunch, & wine tasting) **DISCOUNTED PRICE \$63!**

Visit a breath-taking botanical and geological park that features immense natural canyons carved out by ancient lava flows. It's also called Godfather Valley because the Godfather movie shot some scenes in this area! Relax after the tour at Russo Winery for a wine tasting and a delicious lunch.

## 26 Agrigento: Valley of the Temples & Bagliesi Winery Wine Tasting

**Sun** Depart: NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am Return: 6:00 pm

Cost: \$85 (Includes entrance fees, lunch & wine tasting) **DISCOUNTED PRICE \$76!**

Visit the Valley of the Temples archaeological park in Agrigento and behold spectacular and well-preserved Greek temples. Relax at a wine tasting paired with a light meal after the tour.

## Creatively Uncorked

**Fridays 10, 24**

Location: Midtown Classroom

Time: 6:00 pm - 8:30 pm Ages: 18 and up

Cost: \$46

Two and a half hour painting classes designed with both beginners and experts in mind. A local artist will guide each individual with stroke-by-stroke instructions on how to paint the artwork selection for each class. Make great memories, share some wine, and brush up on your painting abilities.

## 14 Cooking Class: Homemade Pizza

**Tue** Location: Midtown Classroom

Time: 5:30 pm - 7:30 pm

Cost: \$34

Learn to make fresh homemade Italian pizza. Students will work hands-on to make their own dough. Bring an apron. For more information or to register call ITT at 624-4777.

## 21 Cooking Class: Ravioli

**Tue** Location: Midtown Classroom

Time: 5:30 pm - 7:30 pm

Cost: \$36

Learn how to make homemade ravioli. Learn to roll fresh pasta and stuff it with fillings of your choice. For more information or to register call ITT at 624-4777.

# SECRETS OF SICILY WEST COAST TOUR

**May 22 - 25, 2015**

For more info call ITT 624-4777

Explore the Province of Trapani located on the West Coast of Sicily. Throughout history this area has been ruled by many cultures including the Phoenicians, Arabs, and Greeks. Enjoy the distinct influence each of these cultures has had on food, culture and the architecture of the region.

From the medieval streets of Erice to the seaside Baroque town of Marsala, this area offers something for everyone!

### Price per person

Adult - Single Occupancy: **\$700**

Adult - Double Occupancy: **\$600**

Third/Fourth Adult in the room: **\$540**

Child 3 - 4 with 2 adults: **\$340**

Child 2 & under: **FREE**

### Price Includes

Charter Bus Transportation

3 Nights in a **5 star hotel** with 3 Breakfasts and 3 Dinners

1 Wine Tasting and lunch at Donna Fugata Winery

1 Wine Tasting and lunch at Florio Winery

Local guide with you all 4 days.

## ERICE



## SEGESTA



## SELINUNTE



*Baglio Oneto*  
*Resort*



## Bellini Opera

Limited tickets available on first come, first serve basis.

"Il Turco In Italia"

*The Turk in Italy*

by G. Rossini

on Sunday May 3rd

**Floor Seats:** \$89 per person

**Gallery Seats:** \$45 per person

Depart: NAS I 4:00 pm

**Transportation is included and tickets are non-refundable.**

## SCUBA Certification

**Location:** Midtown Classroom/Splashers Pool **Time:** 5:30 pm - 7:30 pm **Ages:** 15+  
**Cost:** \$350 (Includes instruction, certification, books, and all dive gear)

Learn to scuba dive and earn your Professional Association of Diving Instructors (PADI) Certification. The certification class includes knowledge development to understand the basic principles of scuba diving, confined water dives to learn basic scuba skills, and open water dives to use your skills and explore! You will be required to provide your own transportation to the open water dive site.



### Class Schedule

May 13-15, 20-22, 27-29

May 30-31 – Open Water Dives

## climb section

### 8 Rock Wall Certification Course

**Location:** The Cave - NAS I Gym  
**Starts:** 5:30 pm **Ends:** 7:30 pm  
**Cost:** \$5 Pre-Registration is required (Maximum 6 people for belay certification) **Ages:** 14+  
 Get certified to use the indoor climbing wall at Midtown with a two hour rock wall certification course. Learn the basics of indoor climbing and how to belay safely. Climbing is a great cross-training workout and a mental challenge too! All equipment will be provided by Outdoor Recreation.

### 9 Kids' Climb

**Location:** The Cave NAS I Gym  
**Starts:** 4:00 pm **Ends:** 6:00 pm  
**Cost:** \$5 per child Max 10 kids (pre-registration required)  
 Let the kids climb the Cave wall instead of your walls! ODR staff will teach the basics of climbing including how to properly warm-up, safely climb and effective techniques for successful climbing. Plus, there will be fun games to encourage technique development. A parent must accompany children. No climbing certification is necessary, as ODR staff will be present to belay children.

ITT and ODR reserve the right to modify tour itineraries in the event of unforeseen circumstances.

## Outdoor Rec

x4777 - x4396

### 2 Summer Trail Running

**Series: #1** ☺☺☺☺☺

**Depart:** NAS I ITT 5:00 pm **Return:** 9:00 pm

**Cost:** \$15 (Bring Euro for refreshments after the run)

**Liberty:** \$5

Tired of running the flight line loop and ready for some elevation gain? Challenge yourself with the summer trail running series. The first run will be at Monti Rossi, located near the town of Nicolosi. Loops around Monti Rossi range from 1-1.3 miles. ODR guides will also be running the trails to show the way. There will be a stop for a sweet or salty snack at a bar in Nicolosi after the run. This trail series includes moderately rough terrain and is not appropriate for strollers or weak ankles.



### 4 Marzamemi Fishing Trip

**Depart:** ITT 4:00 am **Return:** 3:00 pm

**Cost:** \$130 (Includes transportation, fishing equipment, bait and BBQ lunch)

Spend a day at sea fishing off the coast of Marzamemi, a small fishing village surrounded by crystal clear blue-green waters. Expect to catch small to medium sized fish while enjoying a delicious Sicilian BBQ lunch on the boat. This is a 6 hour fishing trip, so brings snacks and plenty of waterproof/windproof layers to stay warm. Fish are not guaranteed! Maximum 8 people.

### 11 Taormina Stairs to

### Madonna della Rocca by Night

**Depart:** ITT 3:00 pm **Return:** 10:00 pm

**Cost:** \$25 (Bring Euro for food and shopping)

Ascend more than 1,000 stairs for spectacular views of Mt. Etna and the Ionian Sea. The hike will start by the lovely La Isola Bella, continue through Taormina and end at the Madonna della Rocca, perched on the hilltop town of Castelmola. There will be free time to explore Taormina during the middle of the hike and the opportunity to sit down for a well-earned dinner in Castelmola. Comfortable shoes are recommended as this is a walking/stair-climbing tour.

### 11 Mountain Bike Galvarina

**Depart:** ITT 8:00 am **Return:** 4:00 pm

**Cost:** \$40 (Includes transportation, gear, guide and Sicilian BBQ lunch) **Liberty:** \$30

Take part in a moderate mountain bike ride to the picturesque Rifugio Galvarina, where there will be a break for a delicious Sicilian BBQ lunch. Please inform ITT staff if you would like to bring a personal bike for a discounted price at the time of registration. Wear clothes that can get dirty and bring layers (cotton not recommended), water and snacks.



## 18 Trekking Peloritani Mountains and Raptor Migration

**Depart:** NAS I ITT: 7:30 am

**Return:** 7:00 pm **Cost:** \$40

Enjoy a moderate 8 mile hike to view the seasonal raptor migration across the Strait of Messina. The hike will depart from the Sanctuary of Dinnammare and climb to the crest of the Peloritani Mountains where there will be wonderful views of the Strait of Messina and the opportunity to look for migrating raptors. The hike will end at the peak Pizzo Bandiera. A local naturalist will accompany this tour to identify the plentiful species of flora and fauna present in the area. Please bring appropriate shoes for hiking, layers (cotton not recommended), snacks, water, lunch and binoculars.



### 24 Sunset Horseback Ride in Motta Santa Anastasia

**Depart:** ITT 4:00 pm **Return:** 8:00 pm **Ages:** 8+

**Cost:** \$45 (Includes transportation and 1 hour ride)

Enjoy the vistas around Motta Sant' Anastasia from horseback. A professional guide will lead the ride through beautiful scenery as the sun sets. Beginner to moderate riding experience is necessary for trail riding. Warm clothing, jeans, boots with up to 1/2 inch heel and leather gloves are recommended.

### 26 Month of the Military Child: Family Friendly Day Hike to Mt. Sartorius And Pizza

**Depart:** NAS II 7:30 am, Marinai 7:45 am, NAS I 8:00 am

**Return:** 4:00 pm **Cost:** \$42 **DISCOUNTED PRICE \$11!**

Enjoy a family outing over spring break with a family friendly hike through the forested slopes of Mt. Etna North. The hike is easy to moderate intensity and children must be able to hike trail terrain for 1-2 hours (2.5/ 3 miles). Learn about interesting areas on the volcano from a local guide and enjoy some pizza after the hike.

Month of the Military Child



## Mt. Sartorius

Difficulty levels ☺  
 Adrenaline scales ☺

## Free Italian Lessons

**Wednesdays 1, 8, 15, 22, 29**

**Location:** Take 5 - 5:00 pm **Cost:** Free

Learn the basics of Italian to help submerge your self into the culture. Learn to order food, ask for directions, and just make your life a little easier when you travel!



## 1 Wed Pool Tournament

**Location:** Take 5 - 5:30 pm **Cost:** Free

Battle your friends in a pool tournament at Take 5. First place will receive a \$25 gift card to the NEX!

## 4 Sat Volunteer Opportunity

**Location:** Marinai **Time:** 8:00 am - 4:00 pm

Give back to the Sigonella community by volunteering at the annual Easter egg hunt in Marinai – Egg-stravaganza! Receive a letter of appreciation from MWR for your help. Sign up at Take 5.

## Free Guitar Lessons

**Tuesday 7 & 21**

**Location:** Take 5 **Time:** 6:00 pm

Free guitar lessons for all liberty patrons. Whether you are an experienced guitar player or you just want to learn the basics, this is an opportunity to dust off your guitar and jam! There will be a few guitars provided if you do not have your own.

## 9 Thu Galley Meet and Greet

**Location:** NAS II Galley

**Time:** 11:00 am - 12:30 pm

Liberty is coming to YOU! We will be at the NAS II galley during lunch to talk to you about upcoming programs and find out what you would like to see offered.

## 11 Sat Shopping at the Outlet Mall

**Location:** Enna (Val Dittaino)

**Depart:** NAS II 11:00 am, NAS I 11:15 am **Cost:** \$5

Shop to your heart's content at one of the area's best shopping centers. The mall boasts of premium and luxury stores such as Gucci, Nike, Lacoste, Michael Kors, Calvin Klein, Hollister, and more!

## 14 Tue Corn Hole Tournament

**Location:** Take 5 **Starts:** 5:30 pm **Cost:** FREE

Sign your team up and compete in a cornhole tournament. Winners receive an NEX gift card! Sign up in person or by phone at 624-5602.

## 16 Thu SAPR Walk and Proclamation Signing

**Location:** NAS II Fountain

**Time:** 11:00 am - 1:00 pm

April is Sexual Assault Awareness and Prevention Month (SAAPM). MWR and the FFSC SAPR Program are hosting the Sexual Assault Awareness and Prevention Proclamation and Annual Walk. Witness the signing of SAAPM Proclamation and then walk a mile in support of ending sexual assault in our community. Enjoy food, beverages and music at the event. The first 150 participants will receive a free t-shirt!

## 18 Sat Siracusa Day Trip

**Depart:** NAS II 11:00 am, NAS I 11:15 am **Return:** 8:00 pm

**Cost:** \$5 (Bring Euro for food)

Explore the beautiful city of Siracusa. The beaches, views, and shops will amaze you. Visit the famous amphitheater, enjoy the scenery and explore at your leisure.



## 21 Tue Ping Pong Tournament

**Location:** Take 5 **Starts:** 5:30 pm **Cost:** FREE

Show off your skills and compete in a ping pong tournament at Take 5. The first place winner will receive a \$25 NEX gift card!

## 23 Thu Personal Finance Jeopardy

**Location:** Take 5 **Time:** 12:00 pm - 12:45 pm

Come test your financial savvy in a fun game of Jeopardy based on financial concepts. Show your mad skills and impress your friends with how much you know about the Thrift Savings Plan, compound interest, credit scores and more. Cash prizes will be awarded to top contestants.

## 29 Wed Empty Wallet Lunch

**Location:** Take 5 **Cost:** FREE

Grill your own burger and enjoy an amazing lunch! Burgers, buns, and all the fixings will be provided while supplies last.

## Jox Pub

x5604

## Weekend Dance Party

**Fridays & Saturdays at 10:00 pm**

Move to a mix of dance, hip-hop, rock and country music and wind down from the work week. Free soft drinks all night for designated drivers!



**\*Liberty Patrons  
Qualified E5 & below  
Single Service Members**

-----  
**See ODR page for  
Special Liberty  
discounted trips**



**Monday-Friday 11 am-8 pm  
Weekends 2 pm-9 pm  
NAS II - 624-5602**

**Free Wifi - Computers  
Gaming Consoles - Movie Theater  
Pool and Ping Pong Tables**

# COLOR KEY

- Adult sports x3785
- Community Events
- Aquatics x4932
- Midtown 2 Theaters x4248
- Bowling x4302
- Connections x4264
- Liberty/Take 5 x5602
- Jox Pub x5603
- ITT x4777, x4396
- Outdoor Rec x4777, x4396
- Youth Complex x1750
- Library x3875
- Youth sports x1750
- Fitness x4483, x2712

**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

# April 2015

			<ul style="list-style-type: none"> <li>Red Pin Bowling</li> <li>Free Italian Lesson</li> <li>Pool Tournament</li> </ul>	<ul style="list-style-type: none"> <li>TGI</li> <li>Caltanissetta Holy Thursday</li> <li>Summer Trail Run #1</li> </ul>	<ul style="list-style-type: none"> <li>Spring Break</li> <li>Family &amp; Friends</li> <li>Game Night!</li> <li>Enna &amp; Good Friday</li> <li>Dance Party</li> </ul>	<ul style="list-style-type: none"> <li>Eggstravaganza</li> <li>Cosmic Bowling</li> <li>Holy Saturday in Ferla</li> <li>Marzamemi Fishing Trip</li> <li>Volunteer Opportunity</li> <li>Dance Party</li> </ul>
<ul style="list-style-type: none"> <li>Budget Bowling</li> </ul>	<ul style="list-style-type: none"> <li>Quarter Mania</li> <li>Paintball in Motta</li> </ul>	<ul style="list-style-type: none"> <li><b>Bowling Special*</b></li> <li>Free Guitar Lesson</li> </ul>	<ul style="list-style-type: none"> <li>Movies &amp; Taco</li> <li>Red Pin Bowling</li> <li>Filicudi Aeolian Island</li> <li>Rock Wall Certf. Course</li> <li>Free Italian Lesson</li> </ul>	<ul style="list-style-type: none"> <li>TGI</li> <li>Adventure Park</li> <li>Shopping in Giarre</li> <li>Kids' Climb</li> <li>Galley Meet &amp; Greet</li> </ul>	<ul style="list-style-type: none"> <li>Adventure Park</li> <li>Family &amp; Friends</li> <li>Game Night!</li> <li><b>Butterfly House*</b></li> <li>Creatively Uncorked</li> <li>Dance Party</li> <li>Nerf Battle</li> </ul>	<ul style="list-style-type: none"> <li>Cosmic Bowling</li> <li>Assoro &amp; Shopping Outlet</li> <li>Taormina Stairs</li> <li>Mountain Bike Galvarina</li> <li>Shopping at the Outlet</li> <li>Dance Party</li> </ul>
<ul style="list-style-type: none"> <li>Budget Bowling</li> <li>Palermo &amp; Monreale</li> </ul>	<ul style="list-style-type: none"> <li>Quarter Mania</li> <li>National Library</li> </ul>	<ul style="list-style-type: none"> <li>Gym &amp; Swim</li> <li><b>Bowling Special*</b></li> <li>Cooking Class: Pizza</li> <li>Cornhole Tournament</li> </ul>	<ul style="list-style-type: none"> <li>Captain's Cup Softball</li> <li>Red Pin Bowling</li> <li>Free Italian Lesson</li> </ul>	<ul style="list-style-type: none"> <li>TGI</li> <li>Shopping in Giarre</li> <li>SAPR Walk</li> <li>&amp; Proclamation Signs</li> </ul>	<ul style="list-style-type: none"> <li><b>BBQ*</b></li> <li>Invite Softball Tourn.</li> <li>Family &amp; Friends</li> <li>Game Night!</li> <li>Dance Party</li> </ul>	<ul style="list-style-type: none"> <li>Cosmic Bowling</li> <li>Antique Train Adventure</li> <li><b>Horse Back Old West*</b></li> <li>Trekking Peloritani</li> <li>Siracusa Day Trip</li> <li>Dance Party</li> </ul>
<ul style="list-style-type: none"> <li>Budget Bowling</li> <li>Siracusa &amp; Seafood</li> </ul>	<ul style="list-style-type: none"> <li>Quarter Mania</li> <li>Youth Forum</li> </ul>	<ul style="list-style-type: none"> <li>Striders J. Run Club</li> <li><b>Bowling Special*</b></li> <li>Cooking Class: Ravioli</li> <li>Free Guitar Lesson</li> <li>Ping Pong Tournament</li> <li>Baby &amp; Me Matinee</li> </ul>	<ul style="list-style-type: none"> <li>Red Pin Bowling</li> <li>Free Italian Lesson</li> </ul>	<ul style="list-style-type: none"> <li>TGI</li> <li>Shopping in Giarre</li> <li>Personal Finance Jeopardy</li> </ul>	<ul style="list-style-type: none"> <li>Operation Megaphon</li> <li>Family &amp; Friends</li> <li>Game Night!</li> <li>Creatively Uncorked</li> <li>Sunset Horseback Ride</li> <li>Dance Party</li> </ul>	<ul style="list-style-type: none"> <li>Motta Extreme Run</li> <li>Cosmic Bowling</li> <li>Vizzini Ricotta Festival</li> <li>Dance Party</li> </ul>
<ul style="list-style-type: none"> <li>Budget Bowling</li> <li>Alcantara Gorges</li> <li>Agrigento:</li> <li>Valley of the Temples</li> <li><b>Family Friendly</b></li> <li><b>Day Hike*</b></li> </ul>	<ul style="list-style-type: none"> <li>Quarter Mania</li> </ul>	<ul style="list-style-type: none"> <li><b>Bowling Special*</b></li> </ul>	<ul style="list-style-type: none"> <li>Red Pin Bowling</li> <li>Average Joe</li> <li>Free Italian Lesson</li> <li>Empty Wallet Lunch</li> </ul>	<ul style="list-style-type: none"> <li>TGI</li> <li>Shopping in Giarre</li> </ul>	<p><b>*Month of the Military Child</b></p>	