

Tours & Travel

April 2014



Month of the Military Child
Special Pricing

Easter in Sicily

Gangi Palm Sunday Procession

Caltanissetta on Holy Thursday

Enna on Good Friday

“Holy Saturday” to Ferla for the “Sciaccariata”

Easter in San Biagio Platani & Sant’Angelo Muxaro



Information Tours & Travel

**PICK UP & DROP OFF****NAS I:** CDC Parking lot. **MARINAI:** In front of Youth Complex.**NAS II:** Flight Line Clinic.**All children 17 years and younger must be accompanied by a parent or guardian on ALL trips both ITT and ODR****4 Family Trip to La Casa Del Laghetto****Fri** **Depart:** NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am
Return: 4:30 pm **Cost:** \$34

Be engaged with you and your family while school is out at La Casa del Laghetto! It is a working farm with a petting zoo.

Enjoy an English tour of the farm, a delicious lunch, organized games and much more. It is a stroller friendly event.

4 Family Pizza Night**Fri** **Depart:** NAS II 6:30 pm, Marinai 6:45 pm, NAS I 7:00 pm
Return: 11:00 pm **Cost:** \$29

Enjoy some yummy pizza at "Il Casale del Notaio" for a family friendly dinner.

You won't have to worry about transportation, or parking, as ITT has this all covered. Just sit back and relax with your favorite type of pizza, or try something new! The location will be in Bellasso.

5 Circumetnea Historical Train Adventure**Depart:** NAS I 6:45 am **Return:** 3:30 pm
Cost: \$30 includes fees (Bring 15 Euro for Food)

Get ready for some fabulous views of Mt. Etna when you board the Circumetnea Historic Train Adventure! You'll ride the train all around Mt. Etna with a stop in the notable town of Randazzo for lunch. This medieval walled city was devastated in WWII when more than 80% of its houses were destroyed by Allied Forces. *You will walk a bit in Randazzo, so make sure to wear comfortable shoes!*

6 Siracusa and Seafood Restaurant**Sun** **Depart:** NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am
Return: 5:00 pm
Cost: \$75 (Includes entrance fees and lunch)

Visit the archeological area of Siracusa, including the Ear of Dionysius, the Cordari Cave, the Greek-Roman Amphitheater, and the historic island of Ortigia. Then relax for a leisurely restaurant lunch. Don't like Seafood? No worries! You have the option of meat or fish, just let us know at time of reservation.

9 Caleca Pottery in Patti**Wed** **Depart:** NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am
Return: 3:00 pm
Cost: \$18 or 2 for \$30 (Bring Euro for Lunch)

Sicily is famous for its beautiful array of pottery and the town of Patti plays host to Caleca, one of the more famous manufacturers. You will have the opportunity to purchase hand-painted pottery at wholesale prices! *Caleca Pottery does accept credit cards*

ITT and ODR reserve the right to modify tour itineraries in the event of unforeseen circumstances.**10 Lipari Express****Thu** **Depart:** NAS II 6:30 am, Marinai 6:45 am, NAS I 7:00 am **Return:** 9:30 pm
Cost: \$89 (includes fees for the ferry, bus tour on the island and lunch)

Witness the beauty of Lipari Island, one of the seven Aeolian Islands. ITT's bus will take you to the ferry departure point where you'll travel from Sicily to Lipari by boat. Then we'll board a tour bus on Lipari to explore the island's wonderful views of the sea from the castle in the center of town. Our stops will include lunch at a local restaurant and fun in the sun at a beautiful beach where you can relax.

**11 Catania by Night: History & Wine Tasting****Fri** **Depart:** NAS II 4:30 pm, Marinai 4:45 pm, NAS I 5:00 pm **Return:** 12:00 am
Cost: \$50 (Includes dinner and wine tasting)

Spend the evening admiring magnificent monuments from the Greek to medieval periods throughout the bustling downtown area of Catania. The city really comes alive after dark and is a great place to spend an evening sightseeing and people watching. After sightseeing, you'll enjoy a typical Sicilian Wine Tasting at an old "Enoteca", or wine shop, called Wine and Charm. They will also provide multiple appetizers. *Please make sure to wear comfortable shoes since this is a walking tour through the city*

11 Catania Shopping Night Trip**Fri** **Depart:** NAS II 4:30 pm, Marinai 4:45 pm, NAS I 5:00 pm **Return:** 11:00 pm
Cost: \$7 (Bring Euro for Food and shopping!)

Experience Catania by night and shop during the nightly passeggiata (or stroll) when locals are out shopping too. Have dinner outside on one of the piazzas and watch the people stroll by. This trip provides transportation only. Please bring Euros for shopping and dinner.

12 Corleone Hunting Royal Palace & Principe di Corleone Wine Tasting**Sat** **Depart:** NAS II 6:30 am, Marinai 6:45 am, NAS I 7:00 am **Return:** 8:00 pm
Cost: \$60 (wine Tasting and Lunch included)

Visit the Hunting Palace of The Borbone King, who was the King of Two Sicilies. The Royal Palace is located near Corleone Town. Come and enjoy an exquisite lunch and wine tasting at the Agrituristic Farm, Principe di Corleone. Please bring Euro for shopping, as most locations will not accept credit cards.

13 Gangi Palm Sunday Procession**Sun** **(This trip need 25 people to go by April 8th)**
Depart: NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am **Return:** 7:00 pm
Cost: \$60 (Includes Lunch)

Don't miss this opportunity to experience Gangi's unique Palm Sunday Procession. We'll have lunch in a typical Sicilian restaurant. This procession is based on a very old tradition and is considered one of the best processions in Sicily.

17 Caltanissetta on Holy Thursday**Thu** **Depart:** NAS II 4:15 pm, Marinai 4:30 pm, NAS I 4:45 pm **Return:** 11:00 pm
Cost: \$30 (Bring Euro for Food and Shopping)

This world-famous procession happens only on Holy Thursday, the week before Easter! Explore this unique city and witness the procession, featuring 12 floats representing the 12 Stations of the Cross.

18  **Enna on Good Friday****Fri** **Depart:** NAS II 2:30 pm, Marinai 2:45 pm, NAS I 3:00 pm **Return:** 11:00 pm
Cost: \$35 (Bring Euro fees and Food)

See Sicily's most famous and unforgettable Good Friday procession. Enna is also known for its spectacular panoramic views of the island interior as its one of the highest provinces, not only in Sicily, but in Italy.

19  **"Holy Saturday" to Ferla for the "Sciaccariata" (torches by fire)****Sat** **The Holy Night****Depart:** NAS II 7:00 pm Marinai 7:15 pm, NAS I 7:30 pm **Return:** 1:00 am
Cost: \$30 (Bring 20 Euro for Food)

Be a part of something really unique in Ferla, a small town located in the Siracusa province. On the night of Holy Saturday, the tradition of "Sciaccariata" which means: "illumination by fire begotten with torches" takes place. This is the night that Madonna is looking for her son Jesus. We will also see the procession of the Madonna and the Resurrected Jesus followed by hundreds of torches that light the street.

20  **Easter in San Biagio Platani & Sant'Angelo Muxaro****Sun** (Minimum of 30 people by April 11th)**Depart:** NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am **Return:** 7:00 pm
Cost: \$60 or 2 for \$100 (lunch included, bring euro for fees)

Visit San Biagio Platani to admire and taste some of the special Easter bread baked in the form of angels, doves, bells and more. Afterward, head to Sant'Angelo Muxaro, the most important prehistoric archeological center in Sicily for lunch in a typical Sicilian restaurant.

*Sant'Angelo Muxaro***25** **Vizzini Ricotta Cheese Festival****Fri** **Depart:** NAS II 4:00 pm, Marinai 4:15 pm, NAS I 4:30 pm **Return:** 11:30 pm
Cost: \$35 or 2 for \$55 (Bring Euro for food)

Vizzini is famous for its ricotta cheese creation. Two classic Sicilian dishes, cannoli and cassata, both use a sweetened version of ricotta cheese. Sample the many variations of ricotta at this festival and, of course, purchase some to take home with you. Check out the official website for more information on this festival: www.sagradellaricotta.it

26 **Agrigento: Valley of the Temples & Bagliesi Winery Wine Tasting****Sat** **Depart:** NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am **Return:** 6:00 pm
Cost: \$85 (Includes entrance fees, lunch & wine tasting)

Founded as a Greek colony in the 6th century B.C., Agrigento became one of the leading cities of the Mediterranean world. Situated on the island of Sicily, Agrigento is universally known for the spectacular Valley of Temples and the sacred area of ancient Akragas, one of the most important colonies of the Greek Empire. After the tour, we will visit the Bagliesi Winery for a wine tasting and a light meal.

26 **Family Trip Butterfly House****Sat** **Depart:** NAS II 8:00 am, Marinai 8:15 am, NAS I 8:30 am **Return:** 4:30 pm **Cost:** \$17

Plan a trip to the beautiful butterfly farm in Via Grande! Families can bring a packed lunch and enjoy an afternoon touring the butterfly house, a model of an active volcano explanation and much more! This trip is stroller friendly.

27 **A Sunday in the Glorious El Fakhar, the Rediscovery of Ancient "Villages and Traditions"****Sun** **Depart:** NAS II 7:00 am, Marinai 7:15 am, NAS I 7:30 am **Return:** 6:30 pm
Cost: \$70 (includes entrance fees, Lunch and guided tour)

The village that the Arabs called "El Fakhar" is known as Ficarra today. The day will be spent discovering the artistic heritage: architectural, cultural and environmental to learn about the ancient history, customs, and traditions of our island. The tour will start by visiting the Church of the Lodges "Tracking Leopards" (Leopards is an old Baron dynasty. The Leopards are an old baronial dynasty, the famous Italian director Visconti made a famous film set in the 1800s entitled "The Leopard"), Church of the Abbey, the Prison Fortress, Palace-Ficarra Milio, Baronial Palace Busacca and the Laboratory of the Soap. We will have the tour of Olives Monumental.

**Instructional Classes****7**
Mon**Sicilian Cooking Class: Handmade Ravioli****Time:** 5:30 pm - 8:00 pm **Sign-up:** ITT
Ages: 8 & up **Cost:** \$36

Learn how to make homemade ravioli with ricotta cheese and spinach. Bring your aprons and containers to take some home with you! Call ITT at 624-4777 for more information.

15
Tue**Italian Cooking Class****Time:** 5:30 pm - 8:30 pm
Sign-up: ITT **Ages:** 8 & up
Cost: \$33

Learn how to make traditional Italian dishes including "vol-au-van" - Pistachio Pasta and "Saltinbocca All Romana" - Sicilian Cannolis. Bring your aprons! Call ITT at 624-4777 for more information.

Themed Tours**29**
Tue**Women's Only Mt Bike****Depart:** ITT 4:00 pm
Return: 8:00 pm **Cost:** \$25
(includes transportation, women guides, bike and helmet)

Ladies! Are you interested in Mt. Biking? Come out with ODR where women instructors will teach you the basics about your bike and your Mt. Biking skills. We'll ride out on a few trails in Monti Rossi afterwards to test what you have learned. **Participants should be comfortable riding on even terrain and inclines





PICK UP & DROP OFF

NAS I: ITT Parking Lot. All children 17 years and younger must be accompanied by an adult.

5 Sat Family Adventure Park on Mt. Etna with BBQ



Depart: NAS II 9:00 am, Marinai 9:15 am, NAS I 9:30 am
Return: 4:00 pm **Cost:** \$12



Outdoor Recreation is hosting a family adventure on Mt Etna. Observe the beautiful views of the mountain as you take on the challenge of an adventure course! We recommend that you wear comfortable clothing and bring plenty of water with you.

Sea-Kayak Safety Class



April 8th - Pool Session: 5:30 pm - 7:30 pm

April 10th - Open Water Session: 4:30 pm - 9:00 pm

Cost: \$40 (Maximum 5 people)

A two-part sea-kayak safety and certification class, with one session taking place in the pool and the other on open water. We'll teach you the basic skills of kayaking along with self-rescue skills. Once you complete this course, you will receive a certification card, which makes you eligible to rent one of our sit-inside kayaks.

9 Wed Family Friendly Day Hike



Depart: ITT 9:00 am **Return:** 4:00 pm

Cost: \$15 (includes transportation and guide; bring your own sack lunch and Euro for gelato stop)



Keep the kids active and entertained during spring break with a family friendly hike through the forested slopes of Mt. Etna.

This trip is easy to moderate intensity. Children must be able to hike trail terrain for 1-2 hours. One guide will follow a 2.5 mile loop trail appropriate for younger children, and the other guide will follow an 8 mile trail to Rifugio Galvarina (this trail is a down and back, so completing the full 8 miles is optional). Pack a sack lunch and find a scenic spot to enjoy a picnic with your family. We'll end the trip with a gelato stop in Nicolosi.

11 Fri Paintball and BBQ by Night



Depart: ITT 3:00 pm **Return:** 9:00 pm

Cost: \$5 (Bring 30 Euro cash to pay Paintball field)

Up your adrenaline by playing paintball in Motta Sant' Anastasia at this superb paintball field! This field provides the opportunity for scenario games as it offers both urban structures and natural structures to use as barriers. Outdoor Recreation will provide the transportation for you. Bring Euros for the BBQ, gear rental, and paint. We recommend you bring some water and some snacks with you as well. Children 17 years and younger MUST be accompanied by a parent or guardian.

12 Sat Tandem Sky Diving



Depart: ITT 7:00 am **Return:** 7:00 pm

Cost: \$20 | Liberty \$10 (Includes transportation only)*

The tandem jump with video and photo is €250 paid on site. Take advantage of this amazing opportunity to sky dive in Sicily! We will take you on a tandem jump with "Skydive Sicilia". You will see spectacular views during your jump! We'll provide the transportation and reservations for your dive, and you bring the courage! (The airport location is subject to change)

*Liberty Patrons Qualified E5 & below
Single Service Members

12 Sat Family Outdoor Fun at Nebrodi Park

Depart: ITT 7:30 am **Return:** 6:00 pm

Cost: Adult \$25, Child \$15



Enjoy a family day and partake in numerous recreational activities of your choice. Kayak, bike or go on a relaxing hike at Regalbuto Lake in Nebrodi Park.

Regalbuto Lake is located just behind Mt Etna Park about a 1.5 to 2hrs drive. Outdoor Recreation will provide bikes and kayaks or take the family to the nearby Adventure Park for some fun on the high ropes course. ODR will cook a delicious BBQ for everyone too! *The Adventure Park is located nearby, however, you must bring Euros with you if you choose to participate in their activities. * Includes bikes, kayaks, and BBQ. Bring Euro for Adventure Park

15 Tue Summer Trail Running Series



Depart: ITT 4:00 pm **Return:** 8:00 pm **Cost:** \$10 / Liberty \$5 (bring Euro for a local bar stop after the run)*

Tired of running the flight line and Marinai loop? Our first run in the series will be at Monti Rossi, located near the town of Nicolosi. Loops around Monti Rossi range from 1-1.3 miles, so you may adjust the distance to your preference. ODR guides will also be running the trails to show the way. We will stop briefly at a bar in Nicolosi after the run for a salty or sweet snack. This trail series includes moderately rough terrain and is not appropriate for strollers or weak ankles.

16 Wed Rock Wall Certification Course and OPEN CLIMB



Time: 5:00 pm - 7:30 pm **Cost:** \$5 per person (Maximum 6 people for belay certification) **Meet:** The Cave climbing wall at the NAS I Midtown gym **Sign-up by:** April 15th

We'll teach you everything you need to know so that you can climb and belay safely. All equipment will be provided by Outdoor Recreation. Already certified? Join us during these same hours for open climb time! We'll have an Outdoor Recreation staff on hand to assist you if necessary.

19 Sat Sunset Kayak Catania to Acitrezza



Depart: ITT 4:00 pm **Return:** 10:00 pm

Cost: \$30 | Liberty \$20 (includes transportation, guide, kayak and life jacket; Bring euro for food)*

Paddle along the North coast of Catania to Acitrezza in the evening hours. We'll watch the sunset as we paddle up the coast one way. Prior kayaking experience is not required, however, it is recommended. Once we arrive in Acitrezza, we will stop in this fishing village for dinner/wine tasting where you can choose from a panini, granita or brioche.

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Difficulty levels ☺
Adrenaline scales 🐱



Calcio Catania DISCOUNT SOCCER TICKETS

6 APRIL
19 APRIL

CATANIA-TORINO
CATANIA-SAMPDORIA

Catania Soccer Games - Prices are variable depending on the opponent. Please check with ITT for prices. ITT offers transportation for an additional \$7 per ticket. US ID card holders only. Seats are limited and tickets are NON-REFUNDABLE.

26 Sat Vendicari Nature Reserve and Photography Hike

Depart: 8:00 am **Return:** 2:30 pm
Cost: \$38 (includes transportation and local guide) Minimum 8 people

Take this opportunity to slow down and enjoy one of Sicily's most pristine landscapes. Located along Sicily's Ionian coast, Vendicari features azure water and an undeveloped coastline. Practice your landscape photography, track a fox through the sand, or observe the migratory birds that stop here to fuel their migration from Africa to Europe. A local naturalist will accompany us to teach us about the ecology of this environmentally important area. Binoculars will be available for getting a closer look at the birds. Please bring water and sack lunch to fuel your exploring!



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